Our theme for 2014 is “Reach out, Speak up!”

Our theme song for 2014 is “Roar” – Katy Perry

STUDENT PROTECTION CONTACTS – Star of the Sea School:
Karen Bakon---------- Principal
Kylie Williamson ----- APRE
Anita Katajamaki ----- Guidance Counsellor

Click on link below for Brisbane Catholic Education’s Student Protection Process
www.bne.catholic.edu.au/students-parents/Pages/StudentProtection.aspx

2014 TERM DATES
TERM 1
January 29 - April 4
TERM 2
April 22 – June 27
TERM 3
July 14 – September 19
TERM 4
October 7 – Dec 5 12noon
ANZAC DAY

Our Year 2 students led our ANZAC DAY assembly today. As part of their Discovery Learning this term, they will also represent our school at the Dawn Service and Breakfast tomorrow. Please take some time tomorrow to remember all those who have died and been injured in war and conflict. We continue to pray for peace throughout the world and especially we pray for the people of Ukraine.

2015 PREP ENROLMENTS

Enrolment interviews for Prep 2015 will commence next week. Currently we have 47 applications on file for our 50 places. If you or a relative / friend in our Parish have a child eligible to start next year, please ensure you have handed in a completed Application for Enrolment form to our school office.

Children born between 1st July 2009 to 30th June 2010 are eligible for Prep in 2015.

HOLY WEEK REFLECTIONS

On Tuesday we celebrated the Resurrection of Jesus. Our Year 2 and 4 students led beautifully and reverently. Congratulations to all our staff and students who prepared the events of Holy Week. It was also pleasing to see so many parents and grandparents join us.

CO-CURRICULAR ACTIVITIES TERM 2

<table>
<thead>
<tr>
<th>Activity</th>
<th>Staff Member/s</th>
<th>When</th>
<th>Year Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chess Club Continues</td>
<td>Mr Stone</td>
<td>Wednesday 1st break</td>
<td>All interested</td>
</tr>
<tr>
<td>Skipping in O’Dea Centre</td>
<td>Mrs McLucas</td>
<td>Tuesday 8:30am – 9:00am</td>
<td>All interested</td>
</tr>
<tr>
<td>Zumba and Hip Hop</td>
<td>Ms Manicaros and Mrs Clough</td>
<td>Friday 1st break</td>
<td>All interested</td>
</tr>
<tr>
<td>Cross Country Training</td>
<td>Mr Bermingham</td>
<td>Friday 8:30am – 9:00am</td>
<td>All interested</td>
</tr>
<tr>
<td>Netball Training</td>
<td>Mrs Jaffray and Mrs Bakon</td>
<td>Mon, Wed and Fri 8:30am – 9:00am</td>
<td>Years 4 - 7</td>
</tr>
</tbody>
</table>

These activities commence next week.

DISTRICT CROSS COUNTRY

Next Monday we send a team to Redland Bay State School for the Redlands District Cross Country Trials. Successful students will be selected for the District Team to compete in the Regional Carnival. Congratulations to the children who have been nominated:

- Lily Searston
- Rumi Ryan
- Charlotte McMorrin
- Anna Bradley
- Aidan Nolan
- Ella Montenegro
- Ainsleigh Karklis
- Poppy Mergler
- Charlotte Noonan
- Alexi Aston
- Maddy Perry
- Tom Noonan
- Jacob Persson
- Noah Campbell
- Ashley Garner
- Thomas McCann
- Corbin Robertson
- Ben Rutberg
- Ethan Miethke
- Angus Harding

UNIFORM SHOP – Term 2

The first day for the uniform shop in Term 2 is Monday 28th April – 8:00am until 9:10am. The shop will then only be open every second Monday throughout Term 2.

ARTS COUNCIL

All year levels will be entertained with a performance from Arts Council next Tuesday 29th April.
SUSHI NEXT WEEK
Next week is our first Sushi Lunch for Term 2. We have decided to trial a new ordering system, which will involve parents placing orders for their children through Moodle.

This will allow parents from tonight (Thursday 24th April), until Tuesday 29th at 9pm to order their child’s sushi lunch. After 9pm on Tuesday, the ordering system will close, and no further orders can be made. We ask that parents still continue to bring sushi money in to school on Wednesday.

To order, please log in as your child on Moodle. Parents with several children will need to log in as each separate child to order. At the bottom of Moodle’s Homepage is a link named “Sushi Orders”.

In this link, you will find each year level separated, with sushi options listed. Click on the sushi flavour/s your child would like, and then choose the number you wish to order (1, 2 or 3 sushi rolls).

This is all you need to do! Simply bring payment for this order in to school on Wednesday to ensure your child’s order is placed.

MOTHER'S DAY MORNING TEA
Attached to today’s newsletter is information and an invitation to our Mother’s Day Morning Tea.

FATHER ASHLEY’S INSTALLATION MASS
Archbishop Mark Coleridge will be celebrating 5:30pm mass on Saturday 31st May. Our Archbishop will be officially installing Father Ashley as our Parish Priest. More details will come but staff, students, parents and parishioners will be invited to participate.

Following mass there will be a supper in the Parish Centre. We are requesting that families bring a plate to share. I am also seeking the assistance of our CPR’s and other interested parents in setting up the Centre for the supper.

MAY PCG MEETING
Our next meeting will be held on Monday 12th May at 9am in the Multi-Purpose Room.

SCHOOL SPONSORED PARISH MASS
Prep to Year 2 children, their teachers and their parents will be sponsoring the mass on Saturday 17th May at 5:30pm. Teachers will be making contact to find out who will be coming so that these children and their parents can play an active role in the liturgy.

A NOTE FROM OUR GUIDANCE COUNSELLOR
Coping with Children’s Feelings
Obviously some feelings that your children experience are much easier to deal with than others... like happiness! However, emotions such as sadness, anger, and worry can be much more challenging for us. It’s important to remember that all feelings are okay. We all feel sad, angry or scared sometimes.

When children learn to manage their emotions they are better able to manage their behaviour. So it’s important for us to teach our children how to recognise, understand and manage their emotions.

Unfortunately we can get into some pretty bad habits when it comes to managing our children’s emotions, and I’m sure we’ve all done these from time to time.
Here's a list of common errors:

- Ignoring your child's feelings e.g. they get upset or angry so we ignore or distract them without making time to listen to, understand, and discuss their feelings. Ignoring their emotions teaches children that their feelings are unimportant.
- Dismissing your child's feelings e.g. telling your child that there's nothing to be afraid of and by telling them not to be scared/sad/afraid etc. Dismissing emotions can lead children to believe their emotions are wrong and that they are bad for having them.
- Punishing your child for having feelings e.g. they get upset or angry so we punish them for having strong feelings by telling them to stop crying like a baby and to go to their room. Teasing or punishing children about their feelings undermines their confidence and makes them feel guilty or ashamed about themselves.
- Saving your children e.g. sometimes we jump straight into trying to 'save' our children without really listening to the full story and then providing them with skills to effectively manage situations (e.g. social situations and upsets) themselves. When we jump in too quickly to save children they miss out on opportunities to develop their own skills.

Helpful ways of supporting children's emotional development:

1. Listen to your child and acknowledge their feelings, just as we do with adults. When an adult friend is upset or angry we don’t ignore, dismiss, punish, or go out to save them from their circumstances. Instead most of us will stop what we are doing, provide our full attention, listen to what they have to say, and empathise with their feelings! Following this we might reassure the person or give them some friendly advice. This sounds reasonable doesn’t it? Well, we should also follow these steps for children!

2. Help them to identify and understand their feelings. Depending on your child’s age and verbal ability they may or may not be able to identify and express their feelings. So it’s important for us to help them out by describing what we are noticing e.g. “You look worried. Is there something on your mind?” or “It sounds like you’re really angry. Let's talk about it." I think sometimes we avoid acknowledging our children’s feelings, perhaps because we are too tired to deal with it, or because certain emotions in our children cause discomfort in us, or because we don’t want to add fuel to their emotional fires… However, feeling truly heard and understood (empathised with) has the power to calm a child’s emotions. Can you think of times where you’ve been stressed or upset but once you’ve had the chance to tell someone who listens and cares you immediately start to feel better… It’s the same for children.

3. View emotions as an opportunity for connecting and teaching. Children learn how to manage their emotions through our reactions to their emotions. Children’s emotional reactions provide ‘teachable moments’ for helping them understand emotions and learn effective ways to manage them. You might say, “I can see you’re really frustrated about having to wait for what you want. Why don’t we read a story while we’re waiting?”

4. Encourage problem-solving to manage emotions. Help children develop their skills for managing emotions by helping them think of different ways they could respond. You might say, “What would help you feel brave?” or “How else could you look at this?”

5. Set limits in a supportive way. Set limits on inappropriate behaviour so that children understand that having feelings is okay, but acting inappropriately is not. You might say, “I know you’re upset that your friend couldn’t make it over, but that does not make it okay to yell at me.”

In Kindness,  
Anita Katajamaki (Guidance Counsellor)

NAPLAN TESTING

All Year 3, 5 and 7 students will participate in this National Testing Program from Wednesday 14th May to Friday 16th May – Week 4.

SCHOOL PHOTOS

School photo day is on Monday 12th May 2014. After Easter you will receive a flyer and envelope for every child explaining the products available.

Please ensure that each student returns his/her own envelope even if payment is made in the eldest child’s envelope. Envelopes are not to be placed inside other envelopes.
Students are to bring envelopes in before Photo Day. The school office does not accept envelopes on the day of photos!

Sibling Photos are also available for students at the school, please collect a “family order envelope” from your school & return it to the office.

**HOME READING PROGRAM**

We have been so pleased with the feedback that children and parents have been giving us, regarding the Home Reading Program.

We have had the opportunity to share information about the program with a variety of other BCE schools, who have in turn, begun to change their own programs to mirror the SOTS Home Reading Program.

This term, we have added 100+ new resources to the Info-graphic library, with 100+ continuing to be added over the next few weeks.

Throughout Term 2, you may notice in your child’s reading resources that they have chosen a Digital Story link to read with you at home. This Digital Story card has the name of the story, as well as the online URL for you to access the story, from any device.

Many stories have activities to complete after reading the story, as well as giving children the opportunities to be read to, or read independently. We have added these links to Moodle for you and your children to access or bookmark at any time.

We will continue to add digital stories and apps to the resources library, to ensure children are learning the language and reading skills required for online media.

**LIGHTHOUSE BORROWING**

Children must be responsible and learn the routine of bringing their 3 texts back on their library borrowing day in their red satchel. I know that in the busyness of home life there may be occasions when the texts are not brought back on the year level borrowing day.

We are committed to building this home reading partnership so I have discussed with staff that they are to show leniency in these rare occasions.

At the end of each term, we will be sending home overdue lists to parents. Children and their parents will have until the Friday of Week 2 of the new term to return overdue items.

For each overdue item that is not returned – therefore lost – we will be adding $10 per lost book to the term’s school fees. This is a standard practice in a lot of schools.

**MATER LITTLE MIRACLES FUN WALK**

I am Haylee Macmillan’s (Prep) mum and a Registered Nurse for Mater Health Services. I recently received an email from Mater Little Miracles about a fun walk that is taking place on the 4th May in Capalaba.

Mater is a not for profit organisation that requires funding to maintain its exceptional level of commitment to ongoing research and support for critically ill children and their families. It is also a Catholic hospital, founded by the Sisters of Mercy.

I would love to organise a Star of the Sea team to participate in the fun walk to help raise much needed money for this fabulous organisation.
I hope to get our school on board - https://secure.artezpacific.com/registrant/FundraisingPage.aspx?SID=596551&LangPref=en-CA
I will name the team “Star of the Sea Primary School”. It should be a fun day! Please feel free to contact me via email – gemma1788@hotmail.com or my mobile 0422 163 545

Warm Regards, Gemma Macmillan

AUSSIE HOOPS BASKETBALL
The Aussie Hoops Basketball program is starting on Monday afternoon, but it’s not too late to sign up!

So far, we have more than 20 participants, which means that the students will be split into different groups to cater for all abilities. The program starts at 3:30pm, however I will supervise the participating students in the O’Dea Centre from 3:00pm - 3:30pm. The students that usually go to after school care will still go to after school care until 3:30pm

Please view the attached poster for information and link to sign up.

AFTER SCHOOL KAYAKING
Meet you on the water after school for some serious paddling fun. Our after-school kayak sessions will run for one hour, one day a week for 4 weeks. You will learn how to kayak, see various waterways of the Redlands and get up close and personal with the wildlife.

Thursday afternoons, either 3.30pm or 4.30pm. Children aged 8yrs and older. Cost $20.00 per child per week or $70.00 for 4 week block. (Includes full use of kayak gear and safety equipment)

For more information please contact Katrina Beutel at Redlands Kayak Tours 1300 529 258.

CARMEL COLLEGE ENROLMENTS YEAR 7, 2016
Applications for enrolment for Year 7, 2016 are invited from parents of students who are currently in Year 5.

Carmel College’s enrolment process for this year level will begin Term 2, 2014. Applications should be received before Friday 28th March, 2014. Enrolment information can be obtained via the Carmel College website www.carmelcollege.qld.edu.au or by contacting Mrs Donna Cook, College Enrolment Secretary on 3488 7791.

Applications are also being accepted for students currently in Year 4. These students will commence Year 7, 2017.

SAN SISTO COLLEGE
San Sisto College is having an Open Day on Sunday 18th May 2014 from 1pm – 4pm. Please see the attached flyer for further information.

SACRAMENT OF CONFIRMATION
- Parent’s Night: Thursday 1 May 2pm OR 7pm in Parish Hall
- Family Commitment: at either Saturday 3rd May 5:30pm OR Sunday 4th May 8:30am Mass.
- Sacrament of Confirmation by Bishop Oudeman Thursday 5 June at 5.30pm OR 7pm
STAR OF THE SEA SCHOOL
INVITE YOU TO JOIN US TO CELEBRATE

MOTHER’S DAY

HIGH TEA WILL BE HELD AT
THE PARISH HALL
STAR OF THE SEA
53 PASSAGE STREET, CLEVELAND

AT 9:30AM
TUESDAY, 13 MAY 2014

PRICE $10 PER PERSON
❖ LUCKY DOOR PRIZE ❖ TEA ❖ COFFEE ❖ JUICE ❖ HIGH TEA ❖
❖ RAFFLE TICKETS AVAILABLE ON THE MORNING ❖

DUE TO OUR GROWING SCHOOL COMMUNITY WE ARE ONLY ABLE TO OFFER
THIS INVITATION TO ONE PERSON FOR EACH FAMILY ENROLLED.

TO RESERVE YOUR SEAT, PLEASE COMPLETE THE FOLLOWING TICKET BOOKING SECTION
AND RETURN IT TO THE SCHOOL OFFICE BY NO LATER THAN WEDNESDAY, 30 APRIL 2014.

CARING  PATIENT  GIVING  NURTURING  LOVING

INVITATION

<table>
<thead>
<tr>
<th>TICKET BOOKING INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Surname</td>
</tr>
<tr>
<td>TOTAL AMOUNT PAYABLE</td>
</tr>
<tr>
<td>PLEASE PAY FOR YOUR TICKET AT THE SCHOOL OFFICE OR PROVIDE THE RELEVANT CARD DETAILS BELOW</td>
</tr>
</tbody>
</table>

Card Holder’s Name: 

Card Number: ________________

Type: [ ] Visa [ ] MasterCard

Expire Date: ___ / ___

Card Holder’s Signature: 

Twilight Makers Market

9th May 6 PM

 Mothers Day Twilight Market

Free entry

Hosted by Star of the Sea Catholic Child Care Centre

Primary School Oval > Access through 4 Longland Street Cleveland