Foundation Day!

Our Patron...The Star of the Sea – is one of the most ancient titles of Our Lady, going back to St Jerome and the earliest centuries. The stars were used, and still are, as a guide to safety. Sailors called a compass ‘star of the sea’ because it was shaped like a star. The sea covers all the earth and symbolizes all the people of the earth. Our Lady was therefore identified from the very earliest days of the church as the guiding light to her son Jesus.

Therefore it is fitting that Star of the Sea Catholic Primary School, which is situated within the oldest parish in Queensland and on the edge of Moreton Bay, should be so named.

Our school will acknowledge the Friday closest to the Feast of the Assumption each year as the Feast of Our Lady, Star of the Sea.

A Dream Realised---- In 2008, Mrs Bakon, was planning to open a brand new school when she wrote her message below. On our Foundation Day let’s look back at her hopes and dreams for Star of the Sea, and celebrate all that we’ve achieved!

‘I warmly welcome you to Star of the Sea Catholic School community. Our parish has a dream that the Star of the Sea community will become a leading parish in the Archdiocese, a Jewel by the Bay. With the support of parents, staff, students, parishioners and community members I believe that Star of the Sea Catholic School will be a shining light in the Bay.

Our aim is to build a nurturing, inclusive and family oriented school that will unite faith, learning and culture in harmony. We will strive for excellence and will provide a child centred and innovative curriculum. We are fortunate to be situated overlooking Moreton Bay and Stradbroke Island. In such a setting we will work together to develop a strong environmental education program.

Literacy and Numeracy programs will be embedded in cutting edge technologies that will ensure that your children are well-equipped to live and work in the twenty-first century.

Not only will we be promoting lifelong, independent and responsible learning we will also be encouraging openness and understanding of all faiths and cultures and in particular Catholic spirituality and Aboriginal spirituality.

There is much to enjoy in my role as Principal of Star of the Sea but I particularly enjoy meeting and talking with parents and guardians as you make these very important decisions about the educational life of your children’
**FOUNDATION DAY**

Tomorrow Friday 15th August we will be travelling to The Little Ships Club at Dunwich for our Foundation Day Mass. Students need to be dropped and collected from school at normal times.

We will be walking to the Stradbroke Flyer to catch the 9.55 Water Taxi for Mass beginning at 10.45. A BBQ lunch will be provided. We will catch the 1.25 Water Taxi home and will be back at school by 2.15. Students are to wear SPORTS uniform. They also need water and snacks in a plastic bag and their named school hat.

**SOTS ARTS SHOWCASE**

Please mark in your calendar Monday 8th September from 5:30pm to 7pm.

**Instrumental Music Program:** All year 4-7 students will be performing a piece that they have been learning within their weekly music lesson. Students in year 3 will have only had 8 lessons on their new instrument for this term, therefore only selected year 3 students will be invited to perform on the night. Those selected will be notified by email before Tuesday the 2nd of September. We want the experience to be a positive one for our Year 3 students so they will not be performing their new instrument if they haven’t been practising regularly at home as well.

**Choirs:** Both Senior and Junior Choirs will be performing.

**Speech and Drama:** Mrs Larsen’s students will be performing.

**Art:** All year levels will be represented in a display in the parish centre.

**ST VINCENT de PAUL BOOK FAIR**

Saint Vincent de Paul are seeking support from the Parish and school for a book fair being held at Star of the Sea in September.

They will be collecting books over the next four weeks. Donations of books including novels, biographies, children’s, fiction and nonfiction would be gratefully accepted and can be left at the school office, the parish office or by ringing Tony Moore on 0427 581 467 or Annette Nicholls on 3826 3798.

**SPORTS NEWS**

**Inter-House Athletics Carnival**............Carmel College.............................Friday 29th August

**Bayside Catholic Schools Carnival**..............Carmel College..............................HAS BEEN POSTPONED DUE TO CLASH WITH MET EAST CARNIVAL......to be rescheduled for early Term 4

**GALA DAY:** Years 5 – 7 will commence Inter-School Sport next Friday. They will be playing soccer or OzTag.

**FATHER’S DAY ...please RSVP by 22nd August for Catering Purposes / BREAKFAST**

- Tuesday 2nd September ------Father’s Day Stall ($5.00 per gift)
- Friday 5th September ---------Father’s Day Breakfast from 7:00am - 8:30am (open classroom from 8:00am – 8:30am for the Dads)

The breakfast will be for Dads and their school age children who attend Star of the Sea School. In order to assist catering, could you please return the expression of interest below.

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**Father’s Day Breakfast EXPRESSIONS OF INTEREST**

**NAME:** ____________________________________________________

I WILL BE ATTENDING THE FATHER’S DAY BREAKFAST WITH _______ Star of the Sea School CHILDREN.
STOP SIGNS
As cars exit the school past the church, there are 2 STOP signs. Please ensure that all wheels of your car are stopped before traversing the pedestrian crossing. Yesterday it was reported that a little Preppie was close to being hit by one of our parents who did not notice the STOP signs.

LISMORE VISITORS
Next week we welcome 4 teachers from the Lismore Diocese. They will be immersed in our learning environment for the week. They represent the following schools: St Joseph’s Alstonville, St Francis Xavier Ballina, St John’s Mullimbimby and St Francis Xavier Woolgooga. We warmly welcome them to Star of the Sea.

PCG MEETING
Our August meeting will be held on Monday 25th August from 9am to 10am. Agenda items can be forwarded by Friday 22nd August.

STRADDIE SALUTE TRIATHALON FESTIVAL
We are pleased to announce that Star of the Sea is this year's Official School Community Partner of the Straddie Salute. The school will receive 100% of entry fees from all students, parents, teachers or friends of the school who take part in any of the 5 events at Point Lookout on August 30th and 31st.

The Straddle Salute is great fun and this year it's also a great chance to support the school! You can do a day trip across for any of the events below or make a weekend of it.
- Straddle Stride 8km Fun Run/Walk (min age 10yrs)
- Straddle Salute Triathlon 750/18/8 (Mountain Bike required)
- Straddle Pure Triathlon 750/20/8 (Road bike required)
- Straddle 1000/500 Ocean Swims

Sign up and get all the info at www.iconevents.com.au. Once you've entered send an email to us at pcleveland@bne.catholic.edu.au to let us know that you're on board.
We'd love to see a big turnout from the school at this year's Straddle Salute.

ONLINE SAFETY & CYBERBULLYING – BRETT LEE PARENT SEMINAR
You are invited to a seminar on Tuesday 26th August 7:00pm, Carmel College, College Chapel, 20 Ziegenfusz Road, Thornlands.

This is a session for parents and carers of students in years 6 & 7 and high school (not children).

On behalf of Carmel College we would like to invite parents to the Brett Lee parent seminar. Brett Lee, INESS creator, who worked as a Queensland Police Officer for 22 years will deliver an engaging and powerful information session in a way that will bring to life possible online dangers and responsibilities which are a part of your child’s digital world.

Brett will deliver the presentation from his perspective as an undercover internet detective. He will outline to parents dangers and responsibilities with social networking; provide simple measures to create fun & positive online experience. An event not to be missed!!

SOTS OZTAG
Is your Netball, Soccer or Football season finishing soon?
As winter sports finish off their seasons Redlands OZTAG is beginning its season on the 11th of September!

......And SOTS are entering teams again!!!! In ALL age groups!!! (u/7, u/9, u/11 and u/13).

Come down and see what all the fuss is about and join the other 130,000 players that now grace the Oztag fields around Australia.
It’s a fun filled, relaxed atmosphere with great representative pathways!
To register NOW complete the attached registration form and return it to Mr Bermingham to secure your place in one of the SOTS teams. No registration payments are needed until one of the sign on days, or the first games on September 11th.

For junior information click here. See attached brochures for more information!!

For inquiries contact Paul Olsen @ Venue Coordinator Redlands Oztag M: 0412 503 309 E: redlands@oztag.com

**UNIFORM SHOP**
Due to the Ekka Show holiday on Monday, the uniform shop will be open next Monday 18th August from 2.30pm – 3.30pm

**NIPPERS ISLAND NIPPERS**
Coochiemudlo Island Nippers sign on day is next Saturday 23 August, 2014 from 10:00am to 2:00pm at 28 Yeo St, Victoria Point.

Uniforms and paperwork will be available on this day. New members will need to bring along their birth certificate.

**THURSDAY LUNCHES**
A reminder to all parents that next week Thursday 21st August, will be *Sausage on a Roll*. All orders and money is collected on the Wednesday morning.

**SACRAMENTAL PROGRAM**
We remember in our prayers those students preparing for the sacrament of First Eucharist. The dates for the sacrament are:

Either 5:30pm Mass *(30th August)* OR 8:30am Mass *(31st August)* OR 5.30pm Mass *(6th Sept)* OR 8.30am Mass *(7th Sept)*.

Please contact the Parish office on ph 3821 4902 to select a date if you haven't already done so.

**A NOTE FROM OUR GUIDANCE COUNSELLOR**
Managing your child’s anger
Our children’s anger can be difficult to cope with and can quickly stir up feelings of anger and annoyance within us. But what can we do to support our kids when they feel angry? Firstly, children need to learn that having angry feelings is normal and okay. After all, everyone feels angry sometimes, and anger is a perfectly normal reaction to frustration, stress or disappointment. However, it’s what we do with our anger that counts most. Obviously, children need to learn that it’s not okay to react aggressively by hurting themselves or others, breaking things, or speaking rudely. When children cross this line they require boundaries and consequences to learn that these behaviours are unacceptable. However, the focus of this article is how you can teach your child to manage feelings of anger and frustration. As children develop they need to learn how to deal with every day frustrations and how to express their anger in acceptable ways.

Teach and support your child with the following 5 ‘Cool-down Steps’

**1 Recognise that you are angry**
Help your child name and verbalise their feelings e.g. “It looks to me like you’re feeling really angry because your brother is playing with your new lego. Learning to say “I’m feeling angry” or “I’m really frustrated”, gives children a way to separate feeling angry from how they react.

Use words to discuss anger, frustration, annoyance, irritation because this helps children learn that having angry feelings is normal and is something that can be talked about. It helps children understand their feelings and feel understood. Children need to feel understood and supported rather than judged or blamed for feeling angry.

Help your child to notice the body signals that mean they’re angry (e.g. getting hot, racing heart, tense muscles)
Ask your child to rate their anger from a scale of one to ten. You can do this by drawing a thermometer to show the scale points of between 0 and 10. Add some words that describe low levels (eg 0 = calm; 2 = a bit irritated), medium levels (eg 5 = quite cross), and high levels (eg 9 = extremely angry, ‘losing it’). Talk about the body signals that accompany each level. Ask your child to rate their anger and watch it to see if it changes. This encourages them to look for the signs of angry feelings and to see if they can lower their anger levels. It is much harder to change anger when it is high, so when the rating goes above 6 it is usually best to teach children to move away from the situation.

2 Cool down your body
- Breathe slowly to a count of ten and walk away
- Take time-out in a quiet place (e.g. read, draw, colour in, listen to music, nap, bath etc.)
- Do something physical (e.g. go for a walk, run, bike ride, dance, bounce, swim or kick a ball)

3 Express your anger
- Express your anger (e.g. draw, write, paint or speak to someone about how you feel)

4 Use coping self-talk
- Support your child to think up some ‘helpful thoughts’ e.g. “It’s okay. I can handle this.” Or “I can be a cool calm kid!”

5 Try to solve the problem
- Talk to someone who is a good listener
- Talk to your child about what made them feel angry and help them to see that feelings have causes, and that solutions can be found. This kind of conversation needs to happen once your child is relaxed.
- Support your child to problem solve by asking them: What happened? How did you feel and react? How did the other person feel and react? What happened then? What could you have done differently? What will you do differently next time?
- Plan what to do next time

Be a role model – children learn effective ways of managing anger from seeing adults manage their anger effectively. Show them how you use appropriate ways to tell others you are angry and sort out problems.

In Kindness, Anita (Guidance Counsellor)

Our letter of the week is the letter “U”. We found words such as umbrella, under, upside-down, up. But we also found “u” in many simple words such as run, sun, Mum... We made umbrella pictures using coffee filters and dye wash.

During the year we have built up to drawing and writing at least 5 “u’ words. Our challenge this week in writing was to write 2 or more sentences. Many students achieved this challenge.

Ms MacArthur has been visiting during Maths groups. She has been helping us discover how to program our BeeBot to follow directions. This week we have been working on multiple instructions. We had to concentrate and listen to achieve the goal. We have enjoyed having her as one of our teachers during Maths. Thanks Ms MacArthur!

Earlier in the week Steve wrote to us from Africa. Steve asked us to discover what the longest river in the world was and he said that there were some parts in Africa that were very hot and hardly any rain fell in these parts. We found out that he was talking about a desert area.

Did you know that Joshua and his family are from South Africa? He said they have animals such as gorillas and giraffes.
Today we received another letter from Korea. We discovered about the yin and yang symbol on the flag and what the black lines on the flag represented. These stood for the sky, sun, the moon and the earth. During our research we found some traditional Korean dress and we sketched what these look like. Our favourite part of the day was making and eating Korean noodles.

Steve's mum comes from South Korea and she told us some facts about Korea.

Steve is really tripping around the world. Can't wait to see where he goes next, but we really want him to come home soon!

Another super week in year 1 this week! Being a short week, we have had to fit a lot in, though we have done so in style.

We are loving the Immersion phase of our Discovery Learning and can't wait to commence our Synthesising phase over the next few weeks, where we get to put our knowledge into action!

A big thank you to the Neumann family who donated to the school their winnings from the State of Origin doubles raffle earlier in the year. We bought gardening equipment with their kind donation, which will be put to good use over the next few weeks, as our plants are growing strongly.

We enjoyed sharing our love of Mary our Mother in Heaven on Assembly this afternoon, for the feast of the Assumption. We can't wait for tomorrow when we travel over to Stradbroke Island to celebrate Mass together.

This week in year two we have been working hard all week! In Discovery we are learning ways that we can share our stories. On Wednesday we were able to spend some time looking at 2 different ways to share our story.

We had a go at using the stop motion app to create an animation. They looked very effective and we enjoyed having the opportunity to work with this app. We had a discovery competition called 100 ideas in 10 minutes where we got to write down as many ideas as we could about ways to share our story. We came up with some new ideas that we hadn't even thought of such as dance and radio presenting.

In literacy we are writing our narratives using a story graph to help us to write stories that begin with action and keep the reader engaged. We really enjoy writing sizzling starts in homework. Jess B thinks we are getting really good at writing stories! In numeracy we are working on fractions and cutting shapes into half, quarters and eighths, next week we will be looking at cutting collections into these fractions as well.

We are looking forward to mass at Straddie tomorrow! Have a great weekend!

By Jess B and Jess R

Well ladies and gentlemen… the moment we have all been waiting for is almost here! The SOTS World Festival is next week! That is only 7 days away! We are currently designing posters and signs for our stall.

We have been doing lots of prototyping and giving each other heaps of feedback about ways we can improve our designs. We have held a few ‘silent galleries’ as well. "What is a silent gallery?" I hear you ask. Well… it is where we walk around the room quietly, looking at each others work, just like you would in an art gallery! It's so cool!

It is a great way to share our ideas and it has sparked some great ideas which some of us have used in our own prototypes. There is still heaps of work to be done and we will be knuckling down next week so we are organised for the big day.
Tomorrow we head over to Straddie for the Foundation Day Mass. Joshua and Isabella will be doing a very special reading at mass so we can't wait to see them. We know they will do a fabulous job. Don't forget to wear your sports uniform and to bring a drink bottle and a snack in a plastic bag. Hopefully we have a beautiful sunny day for all to enjoy.

What a wonderful day to end a short (but very productive) week!

**4**

They say a change is as good as a holiday so this week we've done a little rearranging in Year 4 to keep us all keen and eager! Tomorrow we will celebrate Star of the Sea's Foundation Day on the feast of Our Lady's Assumption.

The theme of the day will be “Home” and Year 4 are responsible for the Prayers of the Faithful. So we put the challenge to the children to write their own prayers and we were stunned by their beautiful words.

We have also been reading the story of the Good Samaritan together. Each child was asked to put the story into a comic strip and then to think of a way that they could help others.

In our Literacy Rotations we have been looking at prefixes and suffixes and how they change the meaning of a word. In Maths we are still looking at the perimeters of shapes. We've been looking for the word around our room that has the biggest perimeter.

Next week we will welcome Mrs Ruth Hows into our room for 3 weeks. Ruth is currently studying her Bachelor of Education through USQ. We are looking forward to working with her.

**5**

This week in Maths we have been learning about budgeting and money. We have also continued developing our understanding of time. Therefore, we started an activity where we are planning a family trip to Sydney. So we first had to count the amount of people in our families that would be going.

We then had to use links from Moodle, which contained websites of different airlines, to search for flights. After we had found the flights we wanted to book, we then had to search for accommodation. Next week we will be searching for the costs of transport, food, activities and shopping.

Some of the challenges have been finding suitable flights that are least expensive and navigating through the websites. However, many of us have decided that money will not hold us back and we are booking first class seats and staying at penthouses because we were not restricted with a budget.

In Discovery Learning we have been continuing to work on our blogs. We are writing about what we have been learning. We also wrote one hundred ideas in ten minutes about adapt-a-kits we will be making to help people adapt to a new country.

This week the Brisbane Exhibition is on and some of us have been lucky enough to go. Some of the show bags we bought were the Berty Beetle, Marvellous Creations, The Mega Showbag and the Mega Whizz-Fizz bag.

Some of the rides we went on were the Massive Slide, the Ferris Wheel and the Sky Flyer. We know how lucky we are and are very thankful to our parents.
This week the Seniors have been pretending to pass a law through Parliament and the “House of Representatives.” We discovered that it took a lot longer and was a lot harder than first expected. We still have to go through the Senate and we are having fun experimenting and messing around with the Bills.

The Government got their Bill through the “House of Representatives.” And the opposition were not at all that happy, but they still have a chance in the Senate next week. Mr Stone has thrown in some devious trickery with the cross bench representatives trying to “make it more realistic.” In the end it was cheers all around.

This week we have been practising three songs for the Concert of the Hungry. The songs that we have been practising are ‘Let it Be’, ‘Help’ and ‘Lean On Me’. We also made some posters with QR Codes for the Mums and Dads to scan all around the school. We encourage anyone to help starving children by scanning these QR codes and pressing the “Give Now” button on the website you will be taken to.

Your donation will help to save many children’s lives and is well needed. Please keep in mind that every ten seconds a child dies of starvation. That means that while you have been reading this Class News ten children have died from preventable hunger.

SotS Seniors will be getting just a hint of hunger next week on Tuesday when we have just rice for lunch and dinner. To support our Lighthouse Keepers Project, scan one of the many QR Coded posters around the school or go to our 40 Hour Famine Support Page - Click here.

As always, a reminder about our Web Galleries page.

Click here to see pictures and sometimes video of whatever interesting stuff we’ve been doing recently.