Dear Teacher

I would rather see a lesson than hear one any day.
I’d rather you would walk with me than merely point the way.
The eye’s a better trainer and more willing than the ear,
And words can be confusing, but examples always clear.
I can see you when in motion, but your tongue too fast may run.
I soon can learn to do it if you’ll let me see it done.
The best of all life’s teachers are the ones who live the creed,
To see good put to action is the model that I need.
The counsel you are giving may be very fine and true,
But I’d rather get my lesson by observing what you do.

Author Unknown
**REDS VISIT**
Our Year 5 boys have been working through a program with Mrs Casley, our Guidance Counsellor, and Mr Bermingham. As a reward for reaching their goals in the program, Mr Bermingham organized a surprise visit for them. James Slipper and Jono Lance are members of the Qld Reds Rugby Team.

They shared in a discussion with the boys, played touch football with them and signed autographs.

**AUSKICK**
If parents have any issues with student behaviour during these sessions or have concerns about the coaching or activities, please direct these to the Auskick staff.

This sports program is an extra-curricular one. The school receives no commission. We only offer the use of the front oval as a convenience for parents.

**INTER-HOUSE ATHLETICS CARNIVAL**
Sports Carnivals are an important part of our students’ education. Not only do they participate in physical activity, they learn to be part of a team and learn about winning and losing. We expect that **ALL** students will participate and that they will stay for the **whole** carnival. All students attend school for the whole day and carnivals are no exception.

Our Carnival next Friday 9th August will be held at Carmel College. Children in Before School Care and After School Care will be transported by staff. Students need to be at the Carmel College Oval before 9:15am. Students need to bring food, water bottles, sunscreen and hats. They need to wear sports shorts, the T-Shirt or Polo of their house colour.

Below is a program:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:15am</td>
<td>Welcome and housekeeping</td>
</tr>
<tr>
<td>9:30am</td>
<td>Years 4 – 7 800m and 400m events</td>
</tr>
<tr>
<td>10:00am</td>
<td>Ball Games - Prep to Year 7</td>
</tr>
<tr>
<td>10:45am</td>
<td>Lunch</td>
</tr>
<tr>
<td>11:00am</td>
<td>Rotations – Long Jump, Shot Put etc</td>
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<tr>
<td>1:00pm</td>
<td>Sprints – Prep to Year 7</td>
</tr>
<tr>
<td>2:00pm</td>
<td>Relays – Prep to Year 7</td>
</tr>
<tr>
<td>2:15pm</td>
<td>Trophy Presentation and Pack Up</td>
</tr>
</tbody>
</table>

**COMMUNICATION WITH TEACHERS**
All email communication to teachers is to come through pcleveland@bne.catholic.edu.au. All emails are viewed by Karen Bakon and forwarded to the necessary personnel for a response. Emails are forwarded to and from Parents between the hours of 8:00am and 4:00pm Monday to Friday only. Any emails arriving after 4:00pm will not be sent on to staff until the next working day.

Before school, teachers have a duty of care for their students. It is inappropriate for parents or carers to come into the learning areas. The staff need to settle the students into their morning routines. If you need to give messages to staff, please email, phone the office or use other methods such as the whiteboards outside. The staff are always willing to discuss any concerns and your child’s progress but please make an appointment.
**FOUNDATION DAY PROGRAM – FRIDAY 16th AUGUST**

9:15am ———— Whole School Mass  
10:00am ———— BYO Munch and Crunch  
10:15am – 10:45am ———— Back in Learning Areas and setting up for activities  
10:45am – 11:15am ———— Normal lunchtime play  
11:15am – 11:45am ———— Sausage Sizzle along Santaguliana Way – back of Child Care Centre  
12noon - 1:30pm ———— Activities on front oval organized by teachers  
1:30pm – 1:45pm ———— Afternoon Tea – No Play  
1:45pm – 3:00pm ———— Back in Learning Areas

**EKKA HOLIDAY**
School will be closed on Monday 12th August. Outside School Hours Care will not be operating on this day. School will re-open on Tuesday 13th August.

**WALKING AWAY IS ACTUALLY OK**
How many times have we found ourselves in situations when, in a time of conflict, we are told, ‘Don’t walk away from me!’ As parents, this is often what we demand of our children.

Yet at school, we as a staff give a different message - that walking away is actually OK. In fact, walking away is the preferred option in a lot of instances where conflict is occurring. By walking away we are sometimes acting to diffuse anger and frustration and take time to calm our emotions and think through the situation. This also gives us a bit of time and perspective to return and talk through things in a reasonable way.

Sometimes, we encourage children to identify their feelings, walk away and take time out. Eg “I’m feeling very frustrated right now so I’m going to go to my room.” Other times the children need time to calm down by taking time out before, they can identify their feelings.

When we are emotionally aroused (frustrated, angry, sad, anxious) we are often not in the ‘headspace’ to talk through things in a rational way. (The part of our brain that normally deals with reasoning and logic – the frontal cortex - tends to go ‘offline’ for a while). When there are two or more people in this state, talking things through becomes even more of a challenge.

Walking away and taking time out by ourselves can be a helpful way of resolving interpersonal conflict and stress. The important thing to remember is to return to discuss the issue once everyone has calmed down. This ensures that the problem is addressed and, with mutual respect and negotiation, a peaceful resolution can be achieved. As parents, we can model this approach for our children.

*Kathy Casley*  Guidance Counsellor

**FATHER’S DAY MASS**
Prep to Year 3 children will be involved in the Father’s Day Mass to be celebrated on Saturday evening 31st August. More details of how they will participate will be forwarded.

**2014 TERM DATES**

<table>
<thead>
<tr>
<th>Term One</th>
<th>29/01/2014</th>
<th>04/04/2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term Two</td>
<td>22/04/2014</td>
<td>27/06/2014</td>
</tr>
<tr>
<td>Term Three</td>
<td>14/07/2014</td>
<td>19/09/2014</td>
</tr>
<tr>
<td>Term Four</td>
<td>07/10/2014</td>
<td>05/12/2014 (Noon)</td>
</tr>
</tbody>
</table>
**RESILIENCY ROBBERS**

Michael Grose is considered a leading parenting educator in Australia. He has coined the term “resilience robbers.” We all know that parents have the best of intentions when raising their kids.

Grose believes that wanting what is best for kids can cause parents to make decisions that are not always in their (children’s) long-term best interests. He says that if you believe that the promotion of resilience is in the best interests of kids then there are some common parenting mistakes that reduce children’s resilience.

He names 7 Robbers of Resilience. Today I share Robber # 2 with you:

*Make their problem, your problem*

*Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son or daughter when she is cold!*

*Resilience notion #2: Make their problem, their problem*

**FREE COMMUNITY WALK PROGRAM**

Walk Fit and Power Walk programs leaving from 3 Chardonnay Court Thornlands.

- **Walk Fit**— Wednesday and Thursday ..........9:15am for 9:30am start
- **Power Walk**—— Thursday ........................................ 5:45pm for 6:00pm start
- **Power Walk**—— Sunday ........................................ 9:45am for 10:00am start


**SAVE THE DATE**

Star of the Sea’s Father’s Day Sporting Spectacular is on Saturday 31 August at 2:00pm followed by 5:00pm Mass. A Father’s Day Stall will be held on Wednesday 28th August, all gifts $5.

**MEDICATION**

A reminder to Parents that we cannot administer medication to a student unless a medication form has been completed and signed by a Parent / Guardian. These forms are available at the office or can be downloaded from our website.

Medication must be clearly marked with the child’s name and dosage. NO medication is to be kept in student’s bag. ALL medication is to be kept at the office.

**CONGRATULATIONS**

Two of our Year 2 students – Lily Butler and Elise MacKillop are members of a Mini Cru Hip Hop team who represented Queensland in the Mini Novice Hip Hop Category (children aged 10 and under) at the FISAF National Championships in Melbourne last Sunday.

Lily and Elise’s Mini Cru team - Young Justice, had the highest point score of the 5 teams competing in that category and as such were awarded first place, each receiving a gold medal. Mini Cru are now the FISAF Mini Novice Hip Hop Australian Champions!

**STARS PROJECT**

More stars were fastened to the fence yesterday. Many thanks to Adrian and Melanie Neumann for a job well done.
**THURSDAY LUNCHES**

We need donations of napkins please. Also, note on your calendar the Thursday lunches for the next few weeks;

**Thursday 8th August** ...... Sausage Sizzle  
**Thursday 15th August** .... NO SAUSAGE SIZZLE OR HOT DOGS – please send lunch for your child  
**Friday 16th August** ....... Foundation Day – Sausage Sizzle (lunch) and Ice Block (A’Tea) - **FREE**  
**Thursday 22nd August** ... Sausage Sizzle

**JELLY BEAN GUESSING COMPETITION**

My name is Angus, and I am in Year 6. Over the last two weeks, I have been running a Jelly Bean Guessing competition with the students in Years 5, 6 and 7. I have been running this competition as part of the Year 6 and 7 Religious Education study, of the Power of Words and Actions. Each morning I have been coming to school early to run the competition, and I have raised $48 for St Vincent de Paul.

Thank you to everyone who helped me to raise the money, and I am glad we are able to help people through St Vincent de Paul, as helping people is very powerful.

**LEADERSHIP GROUPS**

In Year 6 and 7, we have been focusing on being active and engaging leaders within our school community. During lunchtimes on Friday, we have been running games, activities and programs, to help the younger students enjoy their lunchtime play. We are also working through Peer Mediation training, to assist children in the playground.

Tomorrow, we have planned a fundraiser, for local charities, as a part of our roles as leaders to serve the community. All students within the school will have an opportunity to partake in a biscuit making activity during the first lunch break. Details of the activity are below. Children with nut, egg and wheat allergies will be catered for, however, if you would prefer your child to bring their own biscuit to decorate, please feel free. Thank you for supporting us, Year 6/7 leaders.

<table>
<thead>
<tr>
<th>What?</th>
<th>Crazy Biscuit Making - (Iced Milk-Arrowroot Biscuits and a selection of lollies)</th>
</tr>
</thead>
<tbody>
<tr>
<td>When?</td>
<td>Friday 2nd August - First Lunch Break – 10:45am – 11:15am</td>
</tr>
<tr>
<td>How much?</td>
<td>Gold Coin Donation</td>
</tr>
<tr>
<td>Why?</td>
<td>Supporting Local Charities</td>
</tr>
</tbody>
</table>

**MOTHERS’ GROUP**

The dates for this term’s Mothers Group are Friday 2nd, 16th, 30th August and 13th September. Mothers Group meets once a fortnight during school terms for a cup of tea, chat and for the children to have a play. The group meets in the McKinlay Centre from 9:00am – 11:00am.

Please bring morning tea, a drink and hat for your children. Tea and coffee will be provided. Any questions or would like to join us please contact Therese Staley 0420 306 774 or Michelle Mair on 0407 700 322.

**Star Walkers**

**When:** Every Friday morning  
**Time:** 8:15am  
**Where:** Cafe Arabica  
**Who:** S.O.T.S kids, their parents and pets

**Earn a prize when you’ve walked 4 mornings**
PREP – We have had another wonderful week in Prep this week. The children are working so hard in literacy and numeracy groups on Tuesday, Wednesday and Thursday mornings.

We are now very clever at the consonant side of the Thrass chart. Mrs Thompson and Mrs McLucas are now asking us to find before and after pictures from any of the first 4 lines of the Thrass chart and we can remember where most of the pictures are!! Very soon we will be moving onto learning the vowel side of the Thrass chart!!

We have been looking at addition sums and turnarounds in numeracy. \(1 + 4 = 5\) and \(4 + 1 = 5\). We use our Unifix cubes to help us represent the sum so we can work it out. We have also been looking at O’clock on the analogue clocks and using the interactive whiteboards to show different times on the clock.

The year fours have organised a compost bin for our school. They delivered a big yellow bucket which we can put food scraps in to go down to the compost. We discussed what composting is and why it is important. Then we discussed what we can compost and what we can’t.

We found out that we can compost food scraps such as banana skins, mandarin and orange skins, watermelon leftovers, apple cores, lettuce etc. We cannot compost things like plastic, bread, sausages, pizza and dairy products. We hope that our composting will help the year fours.

Meg Forbes has generously donated her time on Monday and Thursday mornings from 8.45am until the bell goes to hand out some home readers to any children who would like to take one home. It is not compulsory and only for children who are interested in taking one home. They will not be able to borrow again until the previous book is returned. Meg will be outside the Prep room on Monday and Thursday mornings.

Have a lovely weekend.

Love Prep

YEAR 1 – Over the last couple of weeks, Mr Chadburn, our Indigenous Participation Officer has been visiting our learning area. Each time Mr Chadburn visits, he shares some of the aboriginal history with us.

He has shown us such things as a rain stick, a boomerang, kangaroo hide and ceremonial sticks. Next week we are going to hear some of the stories from the Dreamtime.

This week our travels have taken us to Ireland and Dubai. We went to Ireland with Luca’s nana and mother and Mrs Viegas, Jennifer’s mother, took us to Dubai which is in the desert. The temperature there reaches over 41°C.

Mrs Viegas showed us a shopping mall that has a ski slope with real snow for people to ski on. We were amazed at all the manmade structures!

During physical education we have been learning ball games and practising our running for the Athletics Carnival next week. So keep healthy and keep training for the big day ahead.
YEAR 2 - This week in year two has been an exciting one. We were very tired after our excursion last Thursday but we had so much fun! We found out so much about Cleveland and have so much knowledge to share with you.

First, we went to Ormiston House. This house was built in the 1850s and is one of the Redlands Heritage buildings. We were able to see what life was like for the Hope family 'back in the day'. Ella’s favourite part of the house was the kitchen because it showed us how they used to cook back in the day with fire instead of a stove! Very interesting!

Our next stop was to the Redlands Museum; Amy’s favourite part was when we were able to sit in one of the old railway carriages. We even got to have a turn at sitting in the driver’s seat and ringing the bell! Our last part of the excursion was a drive around Cleveland where we were shown and told about the history of the Lighthouse, The Old Courthouse, The Old School House and The Grandview Hotel. Harriet really enjoyed seeing where the original main street of Cleveland used to be. This street ran in the car park outside the RSL.

This week in Discovery, we have been brainstorming questions and project ideas in each area we have learnt about. This will help us to decide what we are most interested in and give us more direction on how to go about starting our own projects! We are very excited that we get to choose our own area of interest this term.

We also had Grandparents Day on Friday. This was a huge success with over twenty Grandparents coming along to talk to us and show us things from ‘back in the day’. We are so lucky to have had them come and visit and share all their interesting stories.

A big thank-you to all of our visitors including Mr Batista, Mr. Boyle and our Grandparents for sharing their stories and taking the time to visit us. You have all truly enriched our learning in this area and have made us passionate about our learning.

Have a great weekend. Love Year Two

YEAR 3 – This week we have completed our study of the Sun, the Moon and the Earth. We now know that our planet spins anti-clockwise from east to west and this takes 24 hours or one day. To check this we went outside to meditate and stopped to feel the Earth move. Sometimes we think it is the Sun moving but we know for sure now that it is the Earth that moves!

We then used this information to investigate how to use the sun to tell the time as once there were no clocks and people relied on the sun to know the time. Mr Stone created a sun dial on the fence outside our classroom using a piece of string, a fence post and of course the Sun!

We measured the movement of the shadow made from the fence post and were surprised to discover that the shadow was shortest in the middle of the day because the sun was directly overhead. Check out some of our own smaller sundials that we got to make and take home.

Thank goodness we have clocks to measure the time now....how did people know what time it was when the Sun went down? We have also been learning about how time is different depending on where you are in the world. If it is day time in Australia then it will be the middle of the night in England.

In writing we are beginning to explore poetry and played with one of the ‘tools’ of poets: alliteration, some of which caused us to get a bit tongue tied! Here are some sample examples...
Cheeky Cherry chews chilli chewing gum
Pip Power has pink puffy pom-poms
Blossom Bounces on her blue BMX bike
Pip Power was a peaceful perfect pom-pom
while popping popcorn and eating pink puffy pillows (By Claire)

Silly Sally alien sat on snowy, soggy Saturn
Silly Sally likes soggy snow skunks for supper (By Renae)

Cheeky Charlie chuckled down some chocolate
Cheeky Charlie chewed chewing gum all CHEWsday (by Charlie)

We are all very excited about going to the Planetarium on Friday and will have lots to share with you next week about our excursion! You can probably check our web galleries - click here – by, say, Saturday, to see excursion photos and of the whole week prior.

YEAR 4 – Discovery Learning, Maths Activities, Literacy Activities, PE, Zumba, Art, setting up compost bins and reverse garbage sheds – just some of the things we’ve been up to this week! We have been super busy in Week Four and it’s only going to get busier... just the way we like it!

We are still in the immersion phase of our Discovery Learning so we have continued researching everything there is to know about South America and Africa. This week we focused on one country and looked at the endangered animals, environmental issues and sustainability practices of that country.

We found out so much interesting information! Next week we are going to share it with a partner so that we are experts on two countries. Because we love animals so much in Year Four, Mrs Clough showed us how to sketch a close up picture of a zebra. We used charcoal – it was very messy but they turned out great! We have also become quite fascinated with the Incan culture and we painted Incan masks to display in the classroom. We are becoming quite the ‘artistes’!

Our compost bin is up and running, thanks to Mr and Mrs Neumann for helping David and James with the setup. Each classroom has its own bucket for scraps, so we’ll be turning out our own fertiliser in no time.

The reverse garbage shed also got going this morning. Stephanie, Orla, Rumi, Tahlia, Grace and Catelyn were all there to collect people’s recyclable materials. It will be so handy to have it all in one place.

Fractions, fractions, fractions... they’re all we can think about. We’re so clever, we can add fractions by changing them so that they have a common denominator. Some of us still need the pieces of chocolate to help them visualise the fraction... or do we? Hehe.

Our procedural texts are just getting better and better. It’s probably because we can find them everywhere! Masterchef; The Great Australia Bake Off; you can learn ‘How to’ do anything on YouTube; and even learning our new Zumba dance is a procedural text. Speaking of Zumba, we moved and shook this week with a new dance and some of our old favourites. The Year Two’s are keen to get in on the action so maybe we can teach them... and that will be a procedural text too!

Here’s another procedural text for you:
1. Read this news
2. Be super impressed with everything Year Four has done this week
3. Shower us with love and attention for all of our great efforts
YEAR 5, 6 & 7 - We have had a busy week this week, as we move further into our learning for Term 3.

Our Year 5 students are so enthusiastic about their blogging project, with many students making their way up to the classroom before the morning bell to add more to their personal blogs. Congratulations on the efforts you are all putting into sharing your learning and knowledge with such a huge audience.

We are looking forward to following your discoveries through your blogs. These kids have also finished their amazing Solar System articles which are ready to be on display in the classroom. These pieces have been a work in progress for many weeks, and now that they are complete, the children are very proud of what they have produced.

Year 5 had the pleasure of some very special guests on Tuesday. Jonno Lance and James Slipper from the QLD Reds visited Year 5, and shared ideas, tips and strategies about behaviour, social interactions and how to deal with feelings when we are playing with friends. It was fantastic to watch these men share the importance of interacting maturely and positively, from primary school, all the way into adulthood. The kids loved being able to play touch with James and Jonno, and we thank Mr B for making this visit happen....you have very exciting friends Mr Bermingham!

Our Year 6 and 7 children have focused on two areas of Discovery this week; Ancient Egypt and Film Making. As they get ready to enter Tropfest Junior, the students have completed their short stories, and are currently finalising their scripts. In class we have looked at the process of storyboarding, and how storyboards are used by film directors to create sequenced films. It has been hard to limit detail in the storyboards, as well as look at our stories from a ‘backstage’ point of view, but we are working very hard to make these work.

Our students have chosen a medium in which to film, being either Stop-Go Animation, Claymation or ‘Real-life’ filming. We look forward to the pre-production side of our learning to be completed so that the filming can begin. We were so excited to see that Tropfest have started to follow us on Twitter, and it is great to watch them retweet many of our ideas!

Years 5, 6 and 7 have also been involved in a variety of service activities this week. Angus has completed his SVDP fundraiser, and we are very proud of his efforts. Tomorrow, our Year 6 and 7 leaders will be running a fundraiser for a local charity. Please read about this in the newsletter, and help us to support our leaders as they look at service and community involvement as being a major part of their role as seniors of the school.
STAY COOL AT SCHOOL THIS SUMMER

Win a CommBank Marquee for your school or an iPad Mini for yourself just by depositing to your CommBank School Banking account in Term 3.

The school with the highest percentage of active students making at least one School Banking deposit in Term 3 will win a marquee. Every student who completes a minimum of 1 school banking deposit in Term 3 will be in the running to win a cool iPad Mini or a Dollarmite Backpack.

For more information, simply contact your School Banking Specialist or the School Banking Helpdesk on 1800 674 496.

Stay Connected:
commbank.com.au/schoolbanking

THINGS TO KNOW BEFORE YOU CAN: Competition opens 06/07/13 and closes 27/08/13. Competition is open to all QLD School Banking Schools. The Promoter is Commonwealth Bank of Australia ABN 48 123 123 124. Full terms and conditions available in branch.