Our theme for 2016 is "You Light the Way!"

Our theme song for 2016 is "Flashlight" – Jessie J

STUDENT PROTECTION CONTACTS

Karen Bakon ---------- Principal
Kylie Williamson ------ APRE
Rachael Lovett ------ Guidance Counsellor

Click on link below for Brisbane Catholic Education’s Student Protection Process

Brisbane Catholic Education Student Protection

2016 Term Dates

TERM 1
Jan 27 – March 24

TERM 2
April 11 – June 24

TERM 3
July 11 – Sept 16

TERM 4
Oct 4 – Dec 2 (12noon)
WELCOME DISCO
It was a great night out last Friday. Families reported having a lovely time socializing and making new friends. Our DJ Brad was very interactive and the children enjoyed themselves. Many thanks to the Year 6 Mums and Prep Mums and Dads who helped co-ordinate and run the event.

WORKING BEE
We managed to complete some of the works scheduled for last Saturday’s working bee. Many thanks to the following families who came along and helped Kylie Williamson and myself:

- Peterson
- Barker
- Gamage
- Penniket
- Hayes
- Bolt
- Kurek

PARENT COMMUNITY GROUP MEETING (PCG)
We had ten parents join the meeting last Monday morning from 9am – 10am. This was great to see and the discussions were positive and with some good ideas being shared. The next meeting is our Annual General Meeting on Thursday 17th March from 7pm – 8pm. These meetings are open to every parent to attend. Discussions are much more valuable when we are able to have a wider representation of year levels present. Refreshments will be provided!!

ENROLMENT PROCESS FOR 2017
Interviews and tours of our school will commence after Easter for our 2017 intake. If you have a child who is eligible for Prep in 2017, please ensure you have lodged a completed Application for Enrolment. Parents will be notified of the dates for interviews so that you may confirm a time. It is desirable that both parents attend with their child. Enrolment applications can be downloaded from the school's website www.staroftheseacleveland.qld.edu.au or collected from the school office.

CLASS PARENT REPRESENTATIVES (CPR’S)
I have listed below the people who have volunteered so far and where we have vacancies. Please let me know if you can assist. Listed beside each year level are the social functions the year levels are responsible for planning and running.

At the PCG meeting on Monday, a motion was made and carried to allocate a budget of $1000 to the year levels co-ordinating a function. A request for any monies required above this amount must be brought to the PCG meeting and discussed with a wider representation of the parent community than the organizing year levels.

Prep: Janelle Jahnke & Kim Goettler …….WELCOME DISCO
Year 1: Deanne Caruso, Rebecca Peters & Sherri Brereton (MOTHER’S DAY)
Year 2: Jackie O’Hagan, Michelle Schroder & Lisa Barry (FATHER’S DAY)
Year 3: Erin Hardy & Anita Taylor (MOTHER’S DAY)
Year 4: Tammy Kitching & Michelle Mair (FATHER’S DAY)
Year 5: …………………………………………………..(END OF YEAR CELEBRATION)
Year 6: Stephanie Nolan & Tammy Kitching (WELCOME DISCO & GRADUATION)

TERM 1 PARENT-TEACHER CONFERENCES
All parents are invited to a conference with their child’s teacher during Weeks 7, 8 and 9 this term, thus beginning Monday 7th March. Parents will be advised how to enrol online through PTO to book times. If necessary, some parents may be invited in for meetings earlier than this timeframe and / or may be invited via email or letter.
PALM SUNDAY MASS
Each year we schedule school sponsored parish masses. We endeavor to build stronger relationships with our parishioners and school community. The Term 1 mass will be Sunday 20th March from 8:30am - 9:30am. Families who have children in Years 1 and 3 will be given particular roles e.g. prayers, readings, thanksgiving reflection, processions.

FUN RUN – WEAR YOUR HOUSE COLOUR POLO SHIRT
The Fun Run starts at 8:30am every Friday this term on the oval. Everyone is more than welcome to participate in the 1km course. Remember walk or run, every lap you do will gain one point for your team. Points will accumulate each week and will be added onto the official totals of our Cross Country carnival.

The students were a lot more comfortable wearing their house colour polo shirts this morning. Remember it is not free dress so ensure your child is still wearing the correct sports shorts, sock and shoes.

WELL-BEING WEEK
Next week as a staff and student community we will be especially focusing on our mental and emotional well-being. Perhaps at home you could have less TV and computer time and spend some time talking with your children, playing a game outside or a board game inside. Perhaps you could as a family, have quiet time with no extraneous noise in your home. Just take some time out in the rush and busyness of our lives…

A MESSAGE FROM OUR GUIDANCE COUNSELLOR
This week was our first week of 123 Magic. I thoroughly enjoyed getting to know some of the parents from our community, as well as one parent from the Mary MacKillop community. In our busy lives as parents, it is a rare thing to have time to reflect on our parenting – and we found ourselves doing just that within our first session. The conversation was rich and meaningful.

The first session of 123 Magic is mainly theoretical – allowing parents to get their head around the underlying principles behind the strategies that they will be implementing. If we know WHY we are doing something, then we are more likely to persist with it – even when the going gets tough. We firstly discussed ‘outside-in’ parenting – using incentives, encouragement, support, teaching and consequences to shape behaviour. Sitting ever-so-beautifully alongside ‘outside-in’ parenting is ‘inside-out’ parenting – where we help our children develop the ability to regulate emotion and therefore behaviour (because often behaviour is emotion driven). Both types of parenting are important in socialising and bringing up well-adjusted children.

Providing clear boundaries for children and opportunities for children to experience frustration from time to time, gives our children practise at self-soothing and also develops neural pathways that enhance what is called ‘psychological flexibility’ – the ability to remain flexible and less rigid – the ability to put on the ‘mental brake’ during times of acceleration or impulsivity. Something my cat doesn’t have ;)

We also discussed the fact that children are not ‘mini-adults’ as their brains are not wired up yet, like ours. (which explains outlandish child behaviour, such as my daughter, at 3 years of age, hiding any undies that did not have Elsa or Anna on them in a saucepan). Also, it has been found that children (and adults) are overwhelmed by ‘too much talking and too much emotion’ when we are disciplining them. You see – we have limited information processing pipes – and if we fill them up with too much stimulus – we become quite frazzled!

Finally, we sorted our children’s behaviour into three categories and next week we will be looking at the different responses for each. Whoa! We covered a lot of ground in our first session! Well done team! Looking forward to seeing you soon 😊

Rachael Lovett
Guidance Councillor
We can't believe it's the end of week five! We have had such a great time in Prep so far and are working really hard to complete our activities.

Last week we had a Teddy Bear's Picnic. We had lots of fun making Teddy Bear sandwiches and going for a walk in the 'woods'!

The highlight of this week has definitely been our swimming lessons. We surprised our teacher's with how confident and eager we were to get into the water. We can't wait to go back in week 6 and 7.

We focussed on the letter 'P' this week and had fun making popcorn craft while eating popcorn! We also looked at the number 5 this week and learnt the 'Five Little Ducklings' song.

We need a big rest this weekend after all of our fun activities this week!

During religion we have been reflecting on the promises we have written for the season of Lent. We are all trying very hard to keep these promises. In case we sometimes forget, we have The Promises displayed on the windows to help us remember. We participate in Christian meditation every day after lunch and enjoy sitting around our own mat and candle.

In Discovery Learning we are reflecting on things in the past and the present that have changed or stayed the same. In the past, most mothers stayed at home while the fathers went to work. Now many mothers and fathers both go to work. In the past toilets used to be outside the house. Now, everyone in year one is very happy that toilets are inside the house and not outside!

In Literacy we are planning and working on the format of writing a recount. We have begun doing our word sorts and write in our journals nearly every day. In math rotations we love working on the number of the day, counting in 2's, 5's and 10's, and sequencing numbers to one hundred.

Last Friday, the students in year 2 opened their Insect Immersion Box and became "Entomologists in training" for the day. We have been exploring insect facts for our Insect Scavenger hunt, we've read the "Hungry Caterpillar", gathered some interesting insect facts on youtube and learnt how to play the "Buggy Jump" game.

We love viewing our 'anything insect' display and we even listened to songs about why you should not squash bugs!

Stay tuned with our year two buggy adventures in week 6!
This week during our goal-setting lessons, we have focused on setting a goal for Literacy. We looked through our writing books, and found feedback from Miss Willis and Mrs Porter. Some of the feedback was to do with spelling patterns, sentence structure, editing and proofreading.

It was fantastic to see us all writing down our specific goal and coming up with a step-by-step plan on how to achieve our goal. Here is Ella and Noah with their new goals for the week!

During Discovery Learning this week, we have been creating a timeline of the Redlands. We looked at the Courthouse, Ormiston House, the Cleveland War Memorial and many other landmarks that are special to the Redlands. Here is an example of our timeline…

**Reminders**
- Year 1 and Year 3 School Sponsored Mass  
  Palm Sunday, 20\textsuperscript{th} March at 8:30am.
- Swimming lessons in weeks 5, 6, 7 and 8 on Monday and Wednesday.

Year Four has had an action packed week! What a great week to enjoy the refreshing water at Cleveland pool!

During Science we have been busy learning about plants and crosspollination. We even got to see the cross section of a dissected flower. We drew and labelled the parts of a flower as a part of our investigation.

For our Discovery Learning unit we have been investigating European explorers and the reasons that they went on their journeys. We found out that Christopher Columbus sailed west from Spain to get to Asia! He didn’t know that he would discover the Americas instead.

We are enjoying discovering the differences between the lives of the explorers and the Indigenous people of Australia before they made contact.

Year Four also celebrated our class mass on Thursday. Our students did a beautiful job of reading and showing respect in the church.

Thank you to all the family members who came and shared in this celebration of Lent with us.
In the past week we have been very busy with our Literacy and Maths Rotations. We love Literacy and Maths, as we are all doing so well and can’t get enough of it each week. We are all showing tremendous pride in our work and individual achievements, especially with our persuasive writing.

On Monday we had special visitors from the Brisbane City Council who gave an amazing presentation on wetland habitats and their inhabitants.

During Discovery Learning we are creating our own animals, making sure they can adapt appropriately, to survive in the habitats we choose.

In Year 5 Religion, we have enjoyed focusing on the Rosary and have each made our own set of Rosary beads. Whilst in Year 6 we are focusing on charitable organisations and the positive impact they have on people in need.

Last Friday we commenced our Japanese lessons with Sensei Mari. We all thought it was amazing and can’t wait to learn more about such an amazing culture and language.